



Stamford u3a March 2026 e-bulletin

Stamford u3a needs a Newsletter Editor - can you help.

Stamford u3a needs a Newsletter Editor

A feature of Stamford u3a is its newsletter which not only goes out to the membership but is available in the library and the Corn Exchange. Its popularity helps to explain why month on month Stamford u3a gains new members. Patti who has edited our newsletter for several years would like to retire from the role. Could you be Stamford u3a's new editor? Patti will be around to show you

how it is prepared and we have excellent help from our printers. You do not need to know how to use Publisher or a similar computer programme to compile it. Please contact Roland using the details at the end of this bulletin if you wish to discuss the role.



Activity Group News

- **Climate Change Group** is still active after some 23 years and John Polkinghorne tells me that at the next meeting, they will be welcoming 2 more new members. There is still room for more members so, if you are interested, please contact him via the link on our website as shown below.

•



- **Antiques , Bygones and Curiosities.**

Do you remember this? On Tuesday 24 March Felix Downs will be talking about:

“Not quite as advertised” - the secret life of advertising.

Doors open at 10am coffee for 10.30 am start, in the downstairs room, Barn Hill.

- **Outdoor Bowls Beginners Course**

Chris Royce tells me that he has still a few places left on the U3A beginners' course at Barnack Bowls Club. All equipment is provided, and all that is required is that you wear flat soled shoes.

The course will be provided over 5 weeks with 2 hours per week and is run by a Bowls England qualified level 2 coach. The cost of the course is £25 per person and includes refreshments plus a follow up session with club members. Spaces are limited to a maximum of 6 people per course, so early booking is essential.

Please register with Chris Royce by email: cacj.royce@gmail.com



- **Poetry**, there has already been a couple of members who have contacted Roland about reforming this group, a few more members to get discussions going would be welcomed. Please contact Roland using the details at the end of this bulletin.

- For details about all the Stamford u3a Activity Groups use this link to our webpage <https://stamford.u3asite.uk/groups>

Community News

There is a lot happening in Stamford over the coming months so get out your diary and start planning for some great events. There is also some exciting news about Stamford Town of Culture bid.

- **Stamford Concert Singers**

On Friday 27th March, at 7.30 pm, the Stamford Concert Singers are giving a concert at Barn Hill Methodist Church. Entry is £10 adult, £5 children. Tickets from The Well cafe or contact Jan on 07557105083 or on the door.

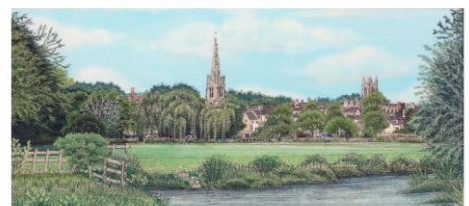
- A reminder of the **Stamford Stitches exhibition** at the Stamford Arts Centre. It is running from 10th to 21st March. Do come and look at the detailed and imaginative artwork they have crafted.

Stamford Stitches Life's Rich Colours



An inspiring exhibition of embroidery, needle craft and textile art by a diverse group of local textile artists.

Stamford Arts Centre
Tuesday 10th
March 2026 –
Saturday 21st
March 2026



The Mayor's Charity QUIZ

SATURDAY 14TH MARCH 2026, 6 FOR 6.30PM

Stamford Methodist Church

Barn Hill, PE9 2 AE

A community event

BOOK NOW

Please make payment to:

£

Stamford Mayor's Charities

Sort Code: 30-90-89

Account No: 50583460

Ref: quiz

Only £10 per person, tables of up to 8

On your own? Find a space and join a team!

Afternoon tea on each table, supplied by George's Food Hub

Any questions? Please contact
mayoroffice@stamfordtowncouncil.gov.uk

£50 FOR WINNING TEAM



Nene Valley Special Seniors Day

Wednesday 17 June 2026

Stamford u3a member Edwin has negotiated a special Seniors Day at the Nene Valley Railway. Not have we been offered a discounted price but there are special events laid on as well.

Trains will be steam hauled with the regular silver timetable. In the unlikely event of drought conditions making it risky to operate steam, diesel might be substituted.

After a 15% discount the price is £17.00 which is very good value. To qualify for the discount tickets must be booked in advance via the NVR website. Anyone turning up on the day without a

pre booked ticket can purchase a ticket from the booking office but without a discount. The website for bookings and more info is <https://www.nvr.org.uk/>

There is a largeish car park, but it is recommended that people carpool.

Extras on the day:

Engine shed tour (donation towards cost of maintaining and restoring locos)

Signal box tour (donation required)

Music will be provided on the platform at Wansford

Cafes at Wansford and Overton will be open

Miniature railway, and the garden railway will be operating

Museum and shops open.

This day has been negotiated with u3a members in mind, but it is open to everyone. Please tell any friends, who may be interested, about the day.



**'GREENING' EVERGREEN
COFFEE MORNING**

10AM - 12PM TUESDAY 5TH MAY 2026
BARN HILL METHODIST CHURCH

»»————««

TEA, COFFEE, CAKE, TOMBOLA, AND A BOOK SALE — ALL IN ONE WARM AND WELCOMING MORNING. EVERY PENNY RAISED HELPS SUPPORT EVERGREEN CARE TRUST IN MAKING A REAL DIFFERENCE TO OLDER PEOPLE IN OUR COMMUNITY.

»»————««

COME ALONG, BRING A FRIEND, AND ENJOY A LOVELY MORNING SUPPORTING A WONDERFUL CAUSE.

PLEASE SAVE THE DATE WITH BOOKING DETAILS TO FOLLOW. WELCOME TO ALL MEMBERS OF THE PUBLIC

 **Evergreen**
CARE TRUST
Supporting Older People

CHARITY NO: 1158271
WWW.EVERGREENCARE.ORG.UK
01780 765 900

Evergreen Care Trust Coffee Morning

Tuesday 5th May at the Barn Hill Church 10 am to 12 pm.

Roland is helping to run this event in aid of the Evergreen Care Trust and is asking for your support of the event. He would also like donations of books for the Book Stall and any items suitable for the tombola. (No alcohol as it is in the Methodist Church, but all other items gratefully received.) He will be collecting at the April u3a Monthly Meeting. Otherwise contact him and he will arrange a pickup.

Tickets at the door £5 to include coffee/tea and a slice of cake.

Stamford Town Council

Call out to community groups!

Stamford Town Council is looking to showcase the achievements of Stamford community groups and voluntary organisations. It is holding special exhibition at a Stamford Celebration event on the evening of April 28th. Stamford u3a will be there.

Stamford for UK Town of Culture

Amanda Wheeler as Mayor of Stamford has applied for Stamford to be entered into the competition to be the first UK Town of Culture in 2028. Amanda says 'I passionately believe that culture covers a wide range of activities and experiences. As part of the bid, I want to recognise the reality of everyone's experience in Stamford. I would be very grateful if you could share your thoughts with me so that it can help guide our application. The deadline for your response is Wednesday 16th March. Please do forward to others who you think might like to respond. Thank you very much for your support.'

Please do help Amanda by entering the expression of interest form (link given below) as the judges will be looking at the level of local commitment as well as the Council's submission.

<https://emea01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fforms.office.com%2Ffe%2F6SN6AjNGG5&data=05%7C02%7C%7C396d99567d8249a57ad808de79e56d79%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C639082223438687496%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMmIsIkFOljoiTWFpbCIsIldUljoYfQ%3D%3D%7C0%7C%7C%7C&sdata=xSfp685I50za8XXYW5EavTWmiQ8Gsl43inEuGoYZ%2BDI%3D&reserved=0>

Bet wishes from Roland Higgins

Chairman, Stamford u3a

email address: u3astamford@gmail.com

Or the Stamford u3a mobile number: 07942 335069