



GARDEN GROUP

Another beautifully sunny afternoon saw us at Home Farm, Little Casterton, which has a large farmhouse garden with Old English Rose varieties and herbaceous beds full of summer colour.

We enjoyed tea and homemade cake on the terrace, with lovely far-reaching views. A fabulous way to spend an afternoon!

We meet on the third Tuesday afternoon of each month and new members are welcome to join us

Pamela Rodgers

SOCIAL NETWORK GROUP

Our monthly meetings, at the Burghley Park Golf Club, take place on the penultimate Mondays of each month from 10.30 am and are an ideal way for members to get together with others over a coffee and a chat.

As we have new members to u3a every month, do come and join us if you are one. The current newsletters are available at the meetings. Our next meeting will be on **Monday 20th July** and the one after that on **Monday 17th August**. We look forward to seeing you.

Michael Crowe

CHURCH VISITING GROUP

Friday 31st July: We are visiting St Andrews Parish Church at Upper Hambleton, Rutland, LE15 8TL. Meet at the church from 10.30 am for an 11 o'clock start. A notable feature in this church is the fine stained glass work of James Egan, who was a glass painter for William Morris. New members are welcome to join us.

Christine Bickley

WELCOME!

New members; Patricia Moor, Denise Orr, Nick Bellairs, Shani Storrie

TODAY July 6

You Couldn't Make it Up - Bharat Patel

FORTHCOMING MEETINGS

There is NO MEETING in August

**Sep 7 The Bayeux Tapestry
- with Michael Burton**

Michael will present a well-regarded talk on the Bayeux Tapestry, exploring the historical, artistic, and cultural significance of this remarkable 11th-century embroidered cloth.

Not to be missed!

**Oct 5 Juke Box Jury
- with Roger Prescott**

Meetings are held at Stamford Methodist Church, Barn Hill, on the first Monday of each month, unless it falls on a Bank Holiday when it is then moved to the following Monday.

PLEASE REGISTER ON ARRIVAL

Coffee from 9.45 am.

Meeting starts 10.30 am

LOCAL HISTORY GROUP

Members of the Local History Group enjoyed a very interesting and informative visit to Rockingham Castle in June, despite the inclement weather. Further to a talk to the group in April, we had an excellent guide in Mike Burton who is well known to Stamford u3a. We have a guided walk around Kings Cliffe in July and then take a summer break.

We regroup again in October and currently have a few places available, but please contact me beforehand (pennyrowley21@gmail.com) if you would like to attend. our group meetings.

Penny Rowley



ANTIQUES, BYGONES & CURIOSITIES

We do not meet in July and August, so please join us again in the Autumn. **Tuesday 22 September** at Barn Hill Church downstairs room, 10 am coffee for a **10.30** start.

The talk will be **"How we laughed!"** - The ridiculous history of ridicule in print and pamphlets through the ages – with Felix Downs.

June Downs



WALKING FOR FITNESS

THURSDAY WANDERERS

Our walks for **July & August** are;

July 9: Nassington. Park near Nassington Church, PE8 6QG.

July 23: Ashton (near Oundle) to Cotterstock, returning along by the River Nene. Park around Ashton Green, PE8 5LD.

August 13: Ketton. Park in the lay-by on the Stamford road coming from Tinwell, just before the right hand turn onto Steadfold Lane, PE9 3ST.

August 27: Thurlby. Park at the Village Hall in the main street, PE10 0EZ

Meet at 10.00 am

Dawn McLean

STAMFORD WALKING GROUP

July 17: The walk will be from Glaston to Uppingham, Bisbrooke and return; approximately 4.5 miles. Park near the church, LE15 9BN

August 7: Walking from King's Cliffe. Park in the King's Cliffe Activity Centre, PE8 6YH.

August 21: Depart from Market Overton for a 4.75 mile walk to Edmondthorpe and return. Park opposite the Black Bull pub in the village, LE15 7PW.

Meet at 10.00 am

STAMFORD STROLLERS

July 17: This walk will replace the June walk which had to be cancelled because of the heat. Meet at the Ketton Nature reserve, PE9 3SZ.

August 21: Meet in the car park in Wakerley Woods, NN17 3BA.

Both these walks will start at 10.15 am. Please let Aileen know if you intend to join her.

New members are welcome to join any of our walks. Contact the Group Leaders via the **General Enquiries** information on the back page of the Newsletter.

Stella Morgan

HEALTH & SAFETY

It is suggested that members of some u3a groups; such as country walking, cycling, nature walks - and other outdoor pursuits, should perhaps carry with them an easily accessible contact name and telephone number, in the unlikely event of mishaps along the way. Just jotted down on the back of their u3a Membership Card would do. It is worth thinking about.

HEAR ALL ABOUT IT!

*If you have something to say, Say it in the Newsletter.
Use it or Lose it!*

RAILWAY HISTORY GROUP

The meeting in May was a trip to St Ives via Cambridge. A few of us met at Stamford Station and once in Cambridge, transferred to the Guided Bus for onward travel to St Ives. The bus travels along the disused railway line, which is now a fabulous leisure resource with cycle and pedestrian ways alongside the guided busway.

The bus has small, horizontal guide wheels, which run along the side of the busway, meaning the driver does not have to steer, merely controlling the speed. Any roads crossing the busway have traffic lights programmed to favour the bus. It was a peaceful, scenic journey to St Ives. We then had time to explore the town before returning to Stamford.

This photograph, taken from the town's historic bridge, shows the remains of the railway crossing which carried a line to March in one direction and Huntingdon East in the other.

We are 'resting' now until September, when we regroup again on the last Wednesday morning of each month at Blackstones Sports & Social Club, so please contact our Group Leader Rachel Roffe if you'd like to join us. rachel8one@outlook.com

Pamela Rodgers



TRAVEL GROUP

Lavenham Guildhall & Bury St Edmunds
Wednesday 23rd September

Join us on a coach trip to hear the fascinating story of the Guildhall at Lavenham, one of the most spectacular timber framed buildings of medieval England, set in this marvellous picture postcard village. In the afternoon we travel on to Bury St Edmunds to explore the streets and squares; see the ruins of an ancient Benedictine monastery in the stunning Abbey Gardens and visit the impressive St Edmundsbury Cathedral.

£30 + £11 entrance fee (NT free)

For full details and bookings, contact:
Roland Higgins 07903 420154
vjrmhiggins@hotmail.com

APOLOGIES:

In the June Newsletter, the new layout and alterations on the back page showed the wrong day for the **Singing for Pleasure Group** meetings, which are on the second and fourth **Thursdays** of each month at 10 am and not Mondays. **The Photography Group** meets at Great Casterton **Church Hall** (not village Hall) and the **Garden Group** only meet at Great Casterton Church Hall during the winter months. From early Spring until late Autumn they are out and about visiting local gardens. Sorry again. **My job is still available!**

Patti

FIRE DRILL!

In an emergency take the closest escape route **Away from the Fire!** There are **two exits** at the **front** of the church situated on Barn Hill; the main one, with double doors, is leading from the church via 'The Well' foyer. The adjacent **single door** is situated at the bottom of the stairs which serves the upstairs **gallery**. Be aware, there are several steps to navigate to reach street level, from both door exits.

The **back exit** is through the double doors by the Church altar area, via a corridor leading to the small car park at the **back** of the church, off North Street. This route is **wheelchair and assisted walking** friendly. Help will be on hand for those in need. **Keep Safe!**

COMMITTEE

Michael Crowe	Hon. President
Roland Higgins	Chairman
Martin Lander	Vice Chairman & Treasurer
Anne Sedgwick	Secretary
Beverley Meader	Membership Secretary
Patricia Hallam	Newsletter Contributions
Rachel Roffe	Speaker Finder
Yas Fairbairn	New Member Contact
Paul Laycock	Audio Visual Operator
Anna Wotherspoon	Computer, Security GDPR

GENERAL ENQUIRIES

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NEWSLETTER CONTRIBUTIONS

Send by the **21st** of each month to **Patti Hallam**
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